

# The Spirit of Health

April 2017

A newsletter from

Consolidated Tribal Health Project, Inc.



*Consolidated Tribal Health Project, Inc. is committed to healthy lifestyles and honoring traditional Native American values to maintain physical, mental, emotional, spiritual and social well-being of the community.*

## ATHENA IS ON ITS WAY!

CTHP is working very hard to upgrade its electronic health record (EHR) system to more effectively and efficiently serve you, our patients. The 'go live' date is May 30th which is coming up very quickly, and we want to let you know what to expect in the coming months during your medical visit.

**Just What the Doctor Ordered:** This system will help medical staff be more efficient and effective in delivering services to our patients and in a much more streamline manner.

**What's In It For Patients?** The system ultimately will allow for a much more patient-centered visit where all your records are more easily accessible and therefore allow providers to provide a more comprehensive approach to each visit.

**So, What's The Catch?** It takes time to learn and implement a new system, so we would greatly appreciate your patience. Your medical visit may take a little longer than scheduled. Your wait time on campus may be a bit longer if appointments ahead of you go over the scheduled time.

**Why?** It may take a little longer than usual to access your medical record and enter information during your visit. Until medical records have been transferred to the new EHR system, medical staff will be accessing your health record in the older system while working in the new system.



We anticipate the possibility of technical hiccups in implementing this system, even with months of preparation. We ask your patience with us during this time of transition.

**What Are We Doing About It?** CTHP staff are in training to learn and prepare for the new EHR, and there will be more training once the system is 'live' to help staff continue to learn and master the system. We have a highly talented IT staff who will troubleshoot technical problems as quickly as possible, but this *may* cause delay during your visit.

**Smooth Sailing.** We anticipate that by the end of summer, our new EHR system will be fully implemented and your health record fully accessible in this new system.

**Your Care is Our Top Priority.** So, please, let us know how we can better serve you during this time of transition, and in general. Your comments and suggestions are always welcome.

# Outreach is Happening!



Outreach has three new members who are ready to help bring more health education, prevention, programs and events to CTHP and the community.

Cameron Underwood, MS is our new Diabetic Coordinator. Cameron has a background in fitness and nutrition. He will be working with diabetic and other patients to offer fitness and nutrition education and support. Cameron will also be working to improve our diabetic program and assist patients in keeping current on necessary screenings and diabetic measures.

Monica Horse, CHR, has experience working with pregnant women and women with young children. She is also a certified Child Passenger Safety Technician. She will be working in the Family Spirit program, a support and education program for pregnant women through age three of the child as well as starting a car seat education and distribution program.

Sydney McConnell, CHR, has experience in the emergency response field. Sydney will be working in all areas of Outreach, including providing home visits, patient assistance, health education and support. She is committed to helping improve the health and wellbeing of our community.

Please stop by Outreach and meet our new members. We are very fortunate to have these capable team members who are bringing their experience and abilities to CTHP. They are all enthusiastic and excited to start work in the community. We are currently working on plans for new events and programs so keep in touch, visit us and share our excitement!!

## **Rock Your Socks – Walk to Health!**

*The first Rock Your Socks Walk for Health was a great success! Over 60 people participated in the 1K, 3K or 5K trek along the Lake Mendocino Dam. We had a lot of activities for people to engage in, from screenings to games to lunch. We are happy to announce that our Board Chair won the Hula Hoop competition!*



## Medical News

Many patients will be happy to hear Dr. Gaido will be rejoining the team on 22 May for 3-6 months as a Locums Tenens. Welcome back, Dr. Gaido!

Additionally, if any of you are or know any Medical Assistants, Licensed Vocational Nurses or even Providers, we are actively seeking all of the above. Please contact our Human Resource Manager, Becky Ryan.

As to blood work ordered by an outside provider that you may want drawn here, please make a nursing appointment vice just walking in. With medical not being fully staffed, this will assure smooth patient flow and decrease wait times. Also for medication refills to ensure good follow-up for chronic medications and quality care, please either make an appointment for refills before you run out or if you have an appointment when a refill for a different medical issue other than the appointment you are being seen for, please let the provider know you are running out. This will again, assure timely follow up and facilitate quality care.



## Walk-in Clinic Hours

Our walk-in clinic at full provider capacity is Monday, Tuesday, Thursday, Friday from 1:30-4:30/5:00 pm depending upon the number and type of patients. It is a first come, first serve of the first 6, with possibly more if the first six are straight forward and use the walk-in clinic for appropriate complaints similar to same day appointment types.



# Behavioral Health News

## Cultural Responsiveness for Better Health

June 29, 2017, 9 am – 4pm, At Consolidated Tribal Health Project

Check-in at 8:30am; Pre-registration required (Call: 707-472-2319)

A cross cultural training is being brought to you through a collaboration between Consolidated Tribal Health Project and Mendocino County Behavioral Health & Recovery Services. The speakers will be Mike Duncan (Concow/Wailaki/Wintun) and Dean Hoaglin (Coast Miwok and Pomo) will discuss:

- Brief history of Native American Culture
- Current status of legislation and discrimination
- Education about the structure of local tribal leadership and events
- Sharing of local cultural practices
- Techniques and strategies for clinicians to improve trust, remove barriers and address disparities.

This training is targeted for persons who provide direct services to Native American clients (e.g. social workers, behavioral health practitioners, health care practition-

## Consolidated Tribal Health Project, Inc.

### **Contact Us:**

Main number: 707-485-5115

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